

EXECUTIVE MEMBER REPORT TO COUNCIL 6 September 2017

Adult Social Care

Community Inclusion Service (CIS) - Adults with Learning Difficulties

1. The Community Inclusion Community Bridge Team have recently undertaken some Outcome star training. The training will allow individual customer care plans to be measured against a progressive prevention and rehabilitation outcome path, with the intention that this will help establish increased independence for people. Monthly monitoring reports will help the service assess the benefit of change for people.

North Ormesby Resource (Older People)

2. Work has now finally been completed around the internal design and restructuring of the Forget me Not (Dementia day care) unit at North Ormesby. Consideration has been given to incorporating a memory themed approach, this has included a series of wonderful murals on the wall, creation of a sensory room, design of a walled garden. Individualised and group activity programmes continue to be planned accordingly with individuals and families.

Sandringham (Autism Resource)

3. Some internal refurbishment has been undertaken to help improve the presentation of the unit, this has included some decoration, replacement of carpet and flooring and the re-design of one of the bathrooms. This has greatly enhanced the facilities, and will help towards maintaining a valued and essential service for adults with Autism /Aspergers and their carers.

Living Life (Mental Health)

4. Service continues to work closely with individuals with moderate mental health issues, with a specific emphasis on rehabilitation and recovery. It averaged around 290 referrals within Middlesbrough over its recent quarterly review period (Apr- Jun) , with individuals accessing either the Gateway (Initial entry support into the service) Community Bridge (Specific support over a period of time) and Connect Recovery college (Rehabilitation and move on). The service has proved to be an asset around supporting individuals with mental health across Middlesbrough, and works closely with several local health trusts and support agencies.

Independent Living Centre (ILC)

5. The ILC in Corporation Road has established a new three year plan for the delivery of its services. Besides re-designing its layout so that the resource provides a clearer and easier aids and adaptations assessment resource, we have also included a customer accessible computer that can help individuals navigate through and select appropriate aids and adaptations based upon their Occupational assessment. There will be also be a TV screen at the entrance that will also allow the service to publicise its services and products.

Orchard

6. The demand for complex needs services continues to rise around Middlesbrough. The unit now has 39 individuals on its register, with an average of 32 individuals accessing each day. The well-established partnership we have with TEWV NHS Foundation Trust continues to be productive, and is able to provide support for a number of individuals with significant health /physical needs. The unit now has an array of physical aids and adaptations to support a broad array of needs, these were fortunately obtained through some TEWV funding that was sourced during early spring.

Public Health

North Ormesby Public Health Plan

7. As part of the corporate Changing North Ormesby improvement plan, Public Health have been linking into the community element to develop a public health action plan aimed at improving health and wellbeing outcomes. This has centred on a community based approach and time has been spent over the last few months carrying out insight with the local community and professionals working in the area to ascertain what the key issues around health and wellbeing are from their perspective. A detailed plan has been created and a multi-agency partnership established to take this work forward. This will be centred around 6 priorities:
 - Healthy Eating
 - Changing attitudes to health and wellbeing
 - Family Based Support
 - Men's Health
 - Physical Activity
 - Mental Health

FRESH fruit and veg voucher scheme – North Ormesby

8. One of the first projects developed and delivered as part of the public health plan for North Ormesby has been a pilot project aimed at encouraging families to introduce more fresh fruit and vegetables into their cooking. Working with North Ormesby Academy, 12 families have successfully completed a 10 week course whereby they were provided with a £5 voucher each week to be used at the market (encouraging trade there also) and were required to attend a class where they were shown various cooking skills, given different recipes and were given the opportunity to meet other parents and gain new skills. Pre and post questionnaires were gathered to ascertain whether behaviours and attitudes towards confidence and the use of fresh produce has changed. The project has been successful with the participants finding it really

beneficial, not only to their cooking skills but also for positive mental health and overcoming social isolation, the school is now looking to continue the class independently going forward. As part of the public health plan we will be repeating the same activity at St Alphonsus School in September, possibly linking in some of the parents from North Ormesby Academy to act as peer mentors / advocates of the scheme.

#smallchanges campaign – update

9. As part of the local Reduce Your Risk cancer prevention programme, the public health team have launched a #smallchanges campaign which will run over the summer to promote awareness of the links to lifestyle and cancer risk. The idea is to get people to pledge one small change they can incorporate into their lifestyle to reduce their risk. This might be taking the stairs instead of the lift, walking the kids to school instead of taking the car or eating one more piece of fruit a day. By making small changes, it is hoped these will lead to sustained choices around healthier lifestyles. Since the last Exec briefing we have now had over 130 pledges from various community groups, partner organisations and individuals Including the Mayor!

Heath Development Team

13. Two members of the HD team have completed training in dementia, this allows them to deliver dementia champions training as well as adding a knowledge to their skillset to support the new physical activity sessions for people with dementia that is being set up in partnership with Ormesby Table Tennis club. The sessions are due to start in mid-September for an initial 12 week trial and will give people with dementia and their carers the opportunity to take part in not only table tennis but many different sports and physical activity.
14. The BAME New Life New You diabetes prevention programme in partnership with MEC has now been started into the Live Well Centre. Over 60 people registered interest leading to a session being planned on a weekend to meet demand. The sessions include physical activity as well as information on nutrition and weight management.
16. We have also added an extra day to the current Exercise on Referral sessions to increase our offer in the Live Well Centre. This means we have sessions running on a Tuesday and Thursday as well as the numerous sessions in the community. We are also engaging with more GPs to refer patients and use physical activity as a way of preventing ill health.

Financial Inclusion Partnership

Benefits Take up Campaign

18. The Benefit Take up (BTU) campaign is a collaborative initiative developed by the Financial Inclusion Group (FIG) and funded by Middlesbrough Council. The partner organisations are Citizens Advice Bureau (CAB) lead partner, Middlesbrough Council/Welfare Rights Unit, Cleveland Housing and Advice Centre (CHAC) and Actes (Achieving Change Through Enterprising Solutions).

19. The Campaign was in operation from the Live Well Centre from the 12th June until 9th July 2017. The estimated amount of benefits that could be claimed was £385,686.08, the largest amount attained to date from 1 Event. Hosting the Campaign at the Live Well Centre also allowed opportunities for Staff to signpost clients to other Services and advice, such as Stop Smoking, Middlesbrough Recovering Together and Healthy Heart Checks. A quarterly evaluation report containing information on attendance, statistics and potential amounts of benefit identified for residents including those accessing the Live Well Centre Event will be available next month.

School Summer Holidays - Lunch Box Project

20. Holiday activities and healthy lunches are being offered to families in need across 14 settings in the most deprived Wards across Middlesbrough. We anticipate providing over 3,500 meals, working with over 600 children, plus parents and siblings.
21. In some of the locations targeted by this project, up to 80% of the children are in receipt of free school meals. During last year's pilot in East Middlesbrough, from talking to the children attending, for some of them, their meal with Lunch Box was the only food they would get that day. Further outcomes of the Project is support and training provided for local parents and volunteers to gain experience and skills to sustain holiday provision, and skills for life and work readiness

Warrant Executed for Suspect HMO

24. A warrant was obtained recently from Teesside Magistrates' Court by an Environmental Health Officer following concerns that an unlicensed House in Multiple Occupation was in operation in the town area. The case arose after a neighbouring occupier complained of mice in their property, naming the address in question as the source. A series of failed attempts to inspect the address were made following the refusal to allow entry by the occupiers, and concerns that the landlord was failing to cooperate with the officers.
25. The Magistrates granted the application after hearing the case and the warrant was executed shortly afterwards. The inspection identified a number of contraventions under the Management of Houses in Multiple Occupation (England) Regulations 2006, and an active mouse infestation. The landlord was given two weeks to remedy the physical conditions, and one week to provide documentation relating to fire and gas safety, and an electrical safety report. These requirements were all complied with. The premises is now up to the required standards and free of mice.

Nitrogen Dioxide Report

26. Middlesbrough was recently named in a report published by the Department of the Environment, Food and Rural Affairs (DEFRA) relating to air quality. The UK Government have been cited by the European Commission because many areas across the UK are calculated to be in breach of the European Air Quality Values for Nitrogen Dioxide (NO₂). Other areas include London and most large conurbations, including Leeds and Newcastle locally.
27. The DEFRA modelling exercise has identified two short stretches of road within the Borough that are calculated to be in breach of the annual limit of 40 micrograms per

cubic metre (μgm^{-3}) however local measurements that have been made using diffusion tubes in these areas showing compliance with the limits. The results that have been reported to DEFRA through the diffusion tube study show levels that are just over half of the calculated values so there is a wide discrepancy and discussions are therefore ongoing. DEFRA are releasing funding to conduct further investigations into the air quality in these areas, and ways to accelerate the national reduction in traffic emissions that will occur as a result of cleaner engine technology. This could include works to free up congestion on local roads and the administration of grants in respect of heavy goods vehicles to upgrade to modern engines.

Vulnerable Person Helped

28. A prohibition notice was served under the Housing Act 2004, on a private dwelling in Newport Ward as it was not deemed fit for human habitation. The move followed an inspection by an Environmental Health Officer after concerns were raised by the occupier's health care professionals who were discharging him back to the residence. The notice prevented the property from being occupied. This action was part of a full plan which was formulated in conjunction with colleagues in health care and a local housing association, which meant that the vulnerable individual was able to go into rehabilitation in another town, and be given the opportunity to recover in a new location.
29. The landlord will be carrying out repairs to the property and be able to rent the house out again to another tenant in due course.

Stop Smoking in Middlesbrough

30. The service carried out training for Health Visitors on 14th & 20th of June, with 21 staff trained up in brief intervention for smoking in pregnancy. The annual Smoking at Time of Delivery (SATOD) figure for South Tees in 2016/17 is 20.1% which shows a decline of 6.8% compared with 2011/12.
31. Gastrology outpatients at James Cook University Hospital are now linked with the Stop Smoking Service and this means staff are actively referring smokers into our local service. Smoking is associated with many adverse health outcomes including gastrointestinal problem and this collaboration is very welcome.
32. The stop smoking service continue to partner with VCS organisations and on the 20th of June the two advisers went to CVFM to promote the service. A new drop in clinic has been set up as a result of this collaboration on Victoria Road and this started on the 27th of June



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