

## **SERVICES TO ADULTS WITH LEARNING DISABILITIES WITHIN THE MIDDLESBROUGH AREA**

### **Introduction**

- This paper outlines the statutory, independent and not for profit making agencies available to people with learning disabilities within the Middlesbrough area in the context of supporting young adults with a learning disability, in their transition to adult life.

### **Background**

- This information is being produced for the Council Scrutiny Panel.
- The contents page overleaf has been produced in a way that identifying the routes to information, advice and support easier.

## **Getting the Right Information:**

It is important that you receive the right kind of help to support your needs from the right people. There are a variety of services available to support your needs.

### **Information & Assessment**

- Contact Telephone Numbers
- Social Work Teams
- After Working Hours
- Health
- Occupational Therapy, Speech & Language
- Psychology
- If English is not my First Language

### **Services**

- Community Inclusion Team
- College Placements
- Employment Opportunities
- Shaw Trust
- Leisure
- Local Authority Residential Care
- Middlesbrough Mums
- Respite for Carers
- Residential Care and Nursing Homes
- Supported Living
- Person Centred Planning
- Specialist Transport
- Taxi's
- Adult Placement
- Direct Payment Support Service

### **Advice**

- Advocacy
- Benefits
- Estates
- Carers Forum / Carers Group
- Direct Payments
- Ethnicity Support
- Partnership Board
- Valuing People

## Information & Assessment

### **What are the main telephone numbers that will help me access help/support?**

| <b>SERVICE</b>                             | <b>OPENING DAYS</b>  | <b>OPENING TIMES</b>   | <b>TELEPHONE NUMBER</b>                           |
|--------------------------------------------|----------------------|------------------------|---------------------------------------------------|
| Civic Centre                               | Mon-Thurs<br>Fri     | 8.30-5.00<br>8.30-4.30 | <b>01642 245432</b><br><b>Council Switchboard</b> |
| Contact Centre                             | Mon-Thurs<br>Fri     | 8.30-5.00<br>8.30-4.30 | <b>01642 726004</b>                               |
| Duty & Assessment Learning Disability Team | Mon-Thurs<br>Fri     | 8.30-5.00<br>8.30-4.30 | <b>01642 728303</b>                               |
| Adults Access Team                         | Mon-Thurs<br>Fri     | 8.30-5.00<br>8.30-4.30 | <b>729196</b>                                     |
| Emergency Duty Team<br>Out of Hours        | Mon-Fri<br>Sat & Sun |                        | <b>08702402994</b>                                |
| Learning Disability Social Work Team       | Mon-Thurs<br>Fri     | 8.30-5.00<br>8.30-4.30 | <b>06142 728303</b>                               |

### **Where can I get the information from?**

There are a variety of leaflets available that help explain about various services. They can be found in Libraries, the Civic Centre, GP Surgeries, Hospitals and Social Work Offices.

### **How can I get in touch with the service I require?**

#### Community Learning Disability Team

The Community Learning Disability (multi-disciplinary) Team provides assessment, care management and support for people with learning disabilities and their families. For more information contact:

**Telephone: 01642 728303**

The Learning Disability Forensic Social Work Team are members of a specialist multi-disciplinary service that works within the boundaries of Tees and North East Yorkshire NHS Trust. Their main areas of work are the assessment, treatment and rehabilitation of both in-patient and community service learning disabilities users who may be subject to a legal order under The Mental Health Act or Criminal Justice System.

Contact them on **01642 283434**, or Switchboard **01642 288288** Fax **01642 283466**

## **What happens if I need help after 5.00pm and Weekends?**

The Social Work Emergency Duty team can be contacted on:

**Telephone: 08702 402994**

## **Where can I get some information and help with my health needs?**

### Community Nursing

Your own GP will put you in contact with a variety of services to support your health needs. For community nursing support you can contact the Integrated Learning Disability Team at Vancouver House, Middlesbrough on:

**Telephone: 01642 728322 Fax 01642 728976**

The Learning Disability Health provision can also be contacted at Bankfields

**Telephone: 01642 283700**

### Psychologist

Do you need advice and support and to talk to someone about your emotional needs?

**Telephone: 01642 728318**

### Occupational Therapist

Help can be obtained to assist you with your physical support needs

**Telephone: 01642 283700 or 288288**

### Speech and Language Support Centre

Contact is provided through referral from the Community Nurse at the Centre, which is based at Bankfields

**Telephone: 01642 283727/28**

## **What if English is not my first language?**

Services of an interpreter can be organised through the Translation and Interpretation Service operated by Middlesbrough Council. It provides culturally sensitive services for BME Communities. It supports service users, carers and provides information on available services. Information can be provided in different languages.

**Telephone: 01642 729243 Fax 01642 729985**

**E-mail [saadia\\_raja@middlesbrough.gov.uk](mailto:saadia_raja@middlesbrough.gov.uk)**

## If I need help with a day time activity can you help?

### Community Inclusion Team

The Community Inclusion Team provides support services for people with learning disabilities according to assessed need, in line with the principles of the White Paper Valuing People, March 2001, which emphasises the importance of social inclusion and citizenship. The team work in the community from the following venues:

| Community Bases                                                       | No. of service users |
|-----------------------------------------------------------------------|----------------------|
| 1) Neptune Centre, Berwick Hills                                      | 20                   |
| 2) Newport Settlement                                                 | 12                   |
| 3) Lingfield Farm                                                     | 12                   |
| 4) Natures World                                                      | 10                   |
| 5) Whinney Banks Community Centre                                     | 13                   |
| 6) Aapna (ours, yours, theirs) Black, Minority Ethnic Community base. | 10                   |
| 7) North Ormesby Community Centre                                     | 14                   |
| 8) Scared Hearts Church Hall                                          | 12                   |
| 9) Linthorpe Church Community Centre                                  | 12                   |
| 10) Cumberland Resource Centre                                        | 60                   |
| <b>Total</b>                                                          | <b>175</b>           |

For details about day care provision within Middlesbrough contact the **Community Inclusion Team** based at Cumberland Resource  
**Telephone: 01642 851717.** Monday – Thursday 9.00am – 4.30pm, Friday 9.00am – 4.00pm or **e-mail** [Graham.Clarke@middlesbrough.gov.uk](mailto:Graham.Clarke@middlesbrough.gov.uk)

### **If I would like to know more about going to College/School can you help?**

A College Co-ordinator based at Cumberland Resource Centre 5 Chelmsford Road, Linthorpe offers support and arranges college placements for people accessing local colleges Monday – Thursday 9.00am – 4.30pm, Friday 9.00am – 4.00pm. For more information contact the college co-ordinator on:

**Telephone: 01642 248315 Fax 01642 611928**

Colleges can be contacted directly:

Redcar & Cleveland

**Telephone: 01642 473132**

Middlesbrough College, Marton based

**Telephone: 01642 296412**

Middlesbrough College, Kirby Campus

**Telephone: 01642 333333**

Askham Bryan

**Telephone: 01287 633870**

Adult Services

**Telephone: 01642 818480**

Riverside College

**Telephone: 01642 865400**

### **What if I would like to get a job or undertake some work experience?**

- a) Employment Link provides a support service for people accessing employment and work experience. The service is available Monday – Thursday 9.00am – 4.30pm, Friday 9.00am – 4.00pm based at Cumberland Resource Centre.  
**Telephone: 01642 850153 Fax 01642 851723**

- b) The Shaw Trust is a supported employment national organisation that also offers work placement and voluntary work for people with disabilities. For more information contact:  
**Telephone: 01642 218181 Fax: 01642 217800**

### **I enjoy sport and would like to know what is available to help me fulfil my needs?**

There are a variety of leisure facilities supported by Middlesbrough Council. They can provide advice and guidance about supporting your interests

Rainbow Leisure Centre **01642 592800**

Clairville Stadium **01642 246767**

Southlands Leisure Centre **01642 300428**

The Neptune **01642 230100**

### **I would like to live in an ordinary house in the community can you help me?**

Middlesbrough Social Care Services have worked hard with support and care agencies in developing 'Supported Living Schemes'. These schemes provide opportunities for individuals to live in the community in ordinary houses / bungalows. There are currently 24 Supported Living Scheme houses with 81 people living in them in Middlesbrough. For more information and advice about the schemes you can contact the social work team:

**Telephone: 01642 728283**

### **I would like help developing my own Person Centred Plan can you help?**

Middlesbrough Social Care Services have a responsibility to help provide support, advice and guidance should you wish to have your own Person Centred Plan. For further details you can contact the social work team on:

**Telephone 01642 726000**

or Cumberland Resource and ask for the Person centred Planning Co-ordinator on **01642 851717**.

### **I need help to travel around the community, what is available?**

Middlesbrough Council can provide assistance through their 'Ring and Ride' scheme

**Telephone: 01642 230726** – Enquiries, **01642 253574** – Booking

They also provide transport to support individuals accessing the day-care services

**Telephone 01642 264589**

The Department of Social Care also has a contract with Peter's Taxis who can be contacted on:

**Telephone 01642 210021**

### **I would like to stay/live with a family, is this possible?**

Adult Placement is an independent organisation that provides a support service to help find families for adults who would like to live or have short breaks in family homes

**Telephone: 01642 633556**

### **I need independent advice to understand my rights can you help?**

Citizens Advice Bureau

Advocacy services are available to help individuals who need some assistance and guidance to speak up for themselves. Contact the Citizens Advice Bureau on:

**Telephone: 01642 802285**

## **I would like to know what supportive residential care services Middlesbrough provides?**

### Local Authority Residential Care

Middlesbrough Social Services provides one residential unit, 4 St Paul's Road, which provides long term residential care for up to fourteen adults with a learning disability. There is also a seven bed short break or respite care provision, which is accessed via an adult assessment by a social worker or care manager in the Community Learning Disability Team.

**Telephone 01642 241620**

### Residential Care and Nursing Homes

We also purchase residential or nursing care from specialist providers. Details can be obtained from the social work team or directly with the units. Names & addresses can be supplied by the Commission for Social Care Inspection.

**Telephone: 01642 628960**

## **As a Family Carer I need to have the opportunity to have a break, who do I contact?**

The Joint Social Work/Health team will be able to assist in arranging support for carers including the option of a break:

**Telephone: 01642 72830.**

You have a right to an assessment of your own needs for support this will be undertaken by the Community Learning Disability Team. They can also give you information about regular breaks for carers often at 4 St Paul's Road and often through a Direct Payment.

**Telephone: 01642 728303**

## **Are there Carers Support Groups or individuals that I can talk to?**

There are also several Carers Groups available to help support carers. They include the Learning Disability Carers Forum, which meets every two months.

**Telephone: 01642 729247**

Middlesbrough Carers Centre will open in January 2006 at Unit 6 Broadcasting House.

## **What other Community Support Services are available?**

### Middlesbrough Mums

This is a group of mothers with a learning disability who meet on a weekly basis to support each other with parenting skills, advice and support. For further information please contact the Social Work Team on:

**Telephone 01642 728303**

## Middlesbrough 1<sup>ST</sup>

Middlesbrough 1st is based at Cumberland Resource Centre. The aim of the group is to give people with a learning disability a voice and self-advocacy skills, increase confidence and to meet socially. 9.00am-4.30pm

**Telephone: 01642 828656 Fax: 01642 851723**

**E-mail** Dave Lowe Middlesbrough1st@hotmail .com

## **What if I need some help with managing my money/benefits?**

Social Services Estates Section provides financial advice and support for individuals who have difficulties managing their finances. Open Monday – Thursday 9.00am – 4.30pm, Friday 9.00am – 4.00pm. For information contact:

**Telephone: 01642 729091**

The Welfare Rights Service provides guidance and advice about benefits Monday – Thursday 1.30 – 4.30pm, Friday 1.30 – 4.00pm.

**Telephone: 01642 729242**

Citizens Advice Bureau also provides welfare benefits advice:

**Telephone 01642 802280**

## **I want to control my own support services how can I make this happen?**

Direct Payments is a means to help you take control of your own support services. A social worker will be able to advise and assist you about Direct Payments. You can also contact the Direct Payments Officer.

**Telephone: 01642 729248 or the Support Service A4E 01642 227218**

## **How can I receive special support to meet my Cultural Needs?**

A BME Project Officer provides guidance and support for service users, carers, managers and staff if you require help and support or need to talk to someone about issues concerning you.

**Telephone: 01642 729243**

## **Middlesbrough Open Partnership (Learning Disability Partnership Board)**

The Open Partnership is the multi-agency group responsible for the delivery of the eleven standards outlined in the White Paper “Valuing People” which aims to help people fulfil their lives. For more information contact the Partnership Board Administrator, 1<sup>st</sup> Floor, Civic Centre, Middlesbrough

**Telephone: 01642 729323**

We are working hard to implement of the government's White Paper recommendations, which make important changes for people with learning disabilities. For more information contact the Valuing People Lead Officer, 1<sup>st</sup> Floor, Civic Centre, Middlesbrough

**Telephone: 01642 729324**

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If English is not your first language, or you use sign language or Braille, assistance with translation and other formats can be arranged.