

ADULT SOCIAL CARE AND HEALTH SCRUTINY PANEL

Date: Tuesday 1st July, 2025
Time: 4.30 pm
Venue: Mandela Room, Town Hall

AGENDA

1. Welcome and Fire Evacuation Procedure

In the event the fire alarm sounds attendees will be advised to evacuate the building via the nearest fire exit and assemble at the Bottle of Notes opposite MIMA.

2. Apologies

3. Declarations of Interest

4. Overview of Service Areas

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The Integrated Care Board's Director of Delivery will be in attendance to present an introduction to the ICB, areas of focus and priority outcomes.

The Heads of Service for Middlesbrough Council's Adult Social Care and Public Health will also be in attendance to provide Members with an overview of the services provided across their Directorates, and to highlight the strategic achievements and priorities for the coming year.

Recommendation: that the Adult Social Care and Health Scrutiny Panel notes the information provided and considers the information when formulating its Work Programme at the next meeting.

5. Proposed Schedule of Meeting Dates for 2025/26

45 - 46

Recommendation: the Adult Social Care and Health Scrutiny Panel is asked to consider the proposed schedule of meeting dates for 2025/2026 and to agree a finalised schedule

6. Date and Time of the Next Meeting - 22 July 2025 at 4.30pm - Setting the Scrutiny Work Programme

7. Any other urgent items which in the opinion of the Chair, may be considered

Charlotte Benjamin
Director of Legal and Governance Services

Town Hall
Middlesbrough
Monday 23 June 2025

MEMBERSHIP

Councillors J Kabuye (Chair), D Coupe (Vice-Chair), J Banks, D Branson, D Jackson, M McClintock, T Mohan and Z Uddin

Assistance in accessing information

Should you have any queries on accessing the Agenda and associated information please contact Claire Jones, 01642 729112, claire_jones@middlesbrough.gov.uk



**North East and
North Cumbria**

North East and North Cumbria ICB Tees Valley update

July '25

Context for 25/26

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Lord Darzi's report on the state of the National Health Service in England

Time spent in ill health increased
Rising demand
Increased Waiting times
Unwarranted variation



The government's health mission:

from hospital to community
from treatment to prevention
from analogue to digital



NHS 10-year plan expected to **launch July 2025**

Engagement nationally and regionally via change.nhs.uk
Expanded Neighbourhood health objectives



Structural Changes to the NHS:

NHSE to be incorporated into DHSC
ICB running cost reductions

ICS Integrated Care Strategy

Better health & wellbeing for all

A plan to improve health and care in the North East and North Cumbria



We want...



Longer and healthier lives

Reducing the gap between how long people live in the North East and North Cumbria compared to the rest of England.



Fairer outcomes

As we know not everyone has the same opportunities to be healthy because of where they live, their income, education and employment.



Better health and care services

Not just high-quality services but the same quality no-matter where you live and who you are.

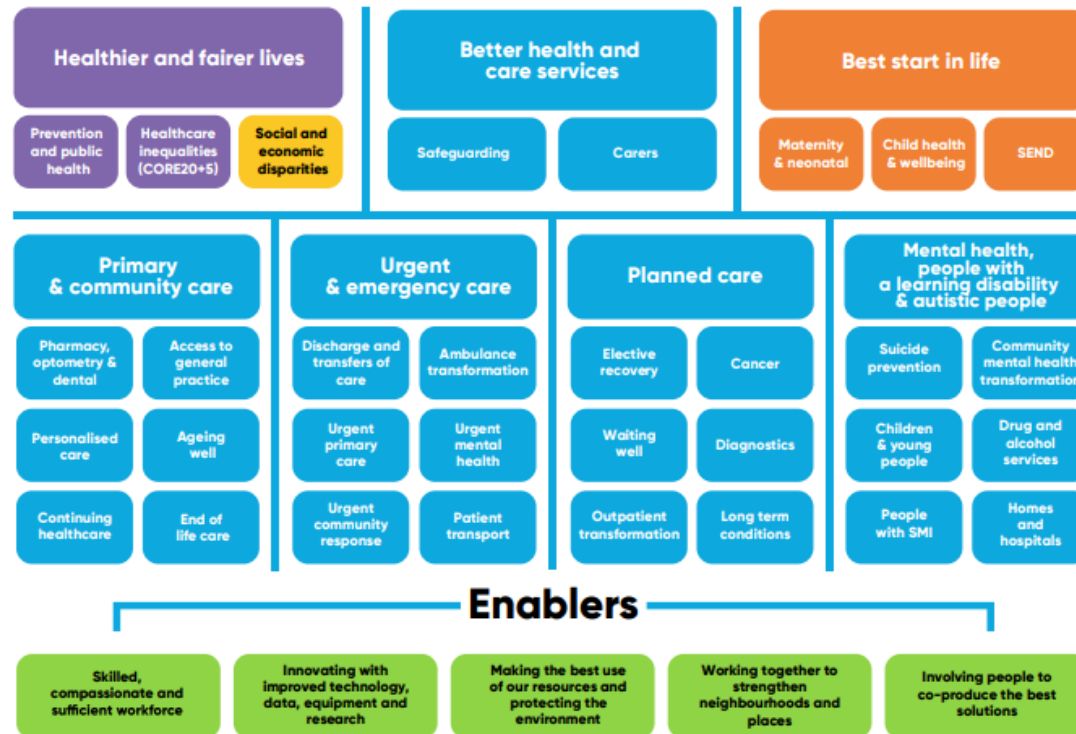


Giving our children the best start in life

Enabling them to thrive, have great futures and improve lives for generations to come.

Joint forward Plan 2023-2028

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- All Integrated Care Boards and partner NHS Trusts are required to publish a Joint Forward plan **covering 5 years**
- Joint Forward Plans will be **reviewed and updated again each year** in March
- Aligned to system ambitions; building on existing plans; delivery focussed.
- Demonstrate how ICBs and NHS Trusts will:
 - arrange and/or provide NHS services to meet the population's physical & mental health needs
 - deliver the NHS Mandate and NHS Long Term Plan in the area
 - meet the legal requirements for ICBs.

Tees Valley

Working locally.....



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- Our Joint Forward Plan also includes ‘place plans’
 - Cover what will be happening locally to deliver improvement to health and wellbeing.
 - Underpinned by close working between local authorities, health and social care providers, local communities, and voluntary, community and social enterprise sector organisations.

Local Place Based Plans

Based on the principles as set out in Planning Guidance, BCF, Neighbourhood Health Guidelines, Clinical Conditions Strategy, Health and Well Being Strategies and other identified local need



Longer, healthier lives

- CVD **integrated neighbourhood approaches** and proactive case finding
- Cancer community support programme
- Primary Care cancer facilitation support programme
- Perinatal and Maternal Mental Health support programme
- Health and Growth Accelerator Programme



Best start in life

- SEND preparation
- LD diagnostic process development
- CYP Keyworker development
- LD transition pathways
- Speech and Language service transformation
- ELSEC Pathfinder site – implementation programme
- Buggies and wheelchair access review
- OT and Physio access review
- Getting Help service transformation
- Complex developmental trauma service transformation



Improving health and care services

- Primary Care Local Enhanced Service Review
- Practice and PCN Transformation Programmes
- Primary Care Education and Training programme
- MSK Transformation
- Respiratory **integrated neighbourhood approaches** and diagnostic case finding
- Adult PEOL service transformation
- Women's Health Hub Transformation



Supporting people to age well

- UEC Programme local oversight
- **Proactive frailty case finding and support (INT) transformation**
- Intermediate Care transformation
- BCF development and oversight
- Care Homes: digitally enabled, education and training programmes
- Transfers of care hub development
- UCR/VW/iSPA continued transformation



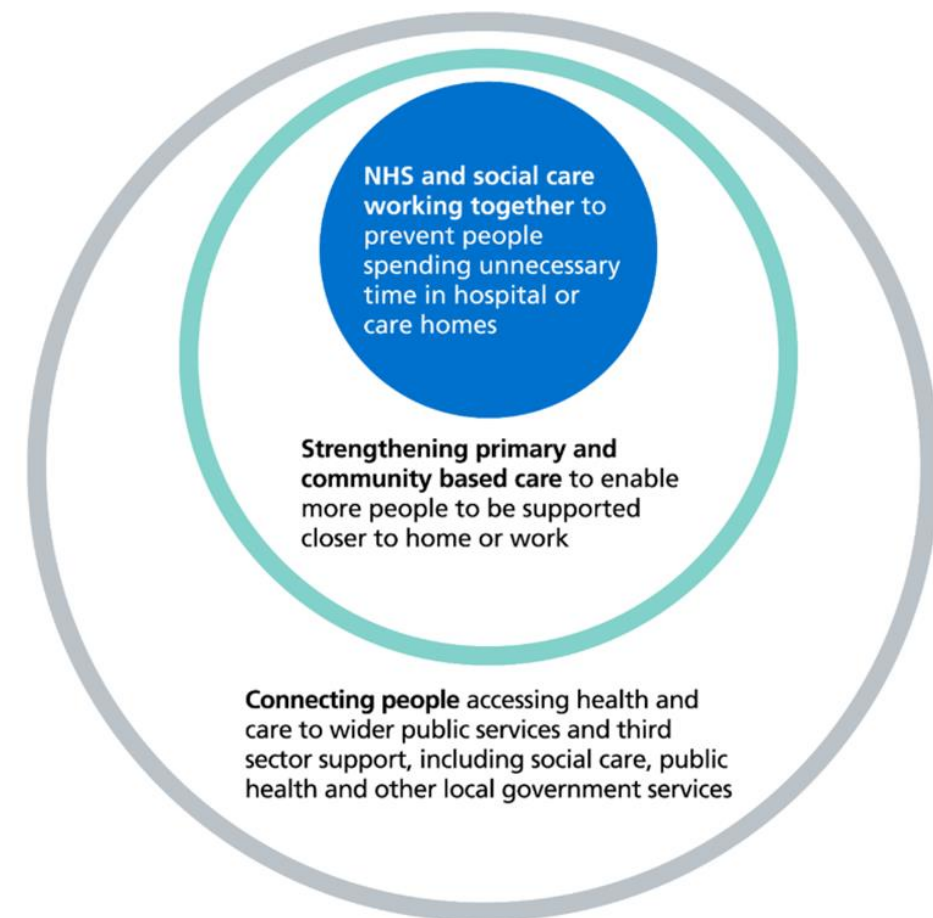
Mental health, LD and Autism

- Community Mental Health Transformation
- CYP and Adult Neurodiversity access and pathway reviews
- ADHD assessment waiting times focus
- Adult LD service review
- CYP Mental Health Support Teams roll out
- Increased in MH ARRS workforce
- Reducing reliance on inpatient MH pathways
- LD community support pathway transformation

Neighbourhood Health

Neighbourhood Health Guidelines

- To set the foundations for scaling and expanding the neighbourhood approach over the coming years, systems are asked to:
 - **Standardise 6 core components** of existing practice, to achieve greater consistency of approach
 - Bring together different components into an **integrated service offer**, to improve **coordination and quality** of care, with a focus on people with the most complex needs
 - Scale up, to enable more widespread adoption
 - Rigorously evaluate the impact of these actions, ways of working and enablers both in terms of outcomes for local people and effective use of public money
- The Specific Focus in 2025/26 should be:
 - Supporting people **with complex health and social care needs** who **require support from multiple services and organisations**.



Six Core Components

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Population health management	Modern general practice	Standardising community health services	Neighbourhood multidisciplinary teams (MDTs)	Integrated intermediate care	Urgent neighbourhood services
<ul style="list-style-type: none"> • Person Level Data • A single system-wide PHM segmentation and risk stratification method 	<ul style="list-style-type: none"> • streamline care • improve access and continuity • provision of more proactive care 	<ul style="list-style-type: none"> • Data standards for community services to support commissioning • Connect mental and physical health 	<ul style="list-style-type: none"> • Multidisciplinary coordination of care • A core team assigned for complex case management, with links to an extended specialist team • A care coordinator assigned 	<ul style="list-style-type: none"> • Short-term rehab, reablement and recovery services delivered under a therapy-led approach • Home First approach, underpinned by step-up referrals and step-down planning 	<ul style="list-style-type: none"> • Standardise and scale services such as urgent community response • Involve senior clinical decision maker • enable healthcare staff and care home workers to access clinical advice without needing to call 999



Thank you

Adult Social Care & Health Scrutiny Panel

1 July 2025

Overview of ASC Directorate

Adult Social Care

Director of Adult
Social Care
(Louise Grabham)

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Head of Prevention
& Provider Services
(Suzanne Hodge)

Head of Access &
Safeguarding
(Ruth Musicka)

Head of Specialist
and Lifelong
Services
(Sarah Disbury)

Head of Access & Safeguarding

- Access Safeguarding Team – Single point of contact for incoming referrals in terms of requests for assessments and reporting safeguarding concerns. Access team undertake short term care management – completing new assessments. Safeguarding – triages incoming safeguarding concerns, undertakes statutory section 42 enquiries and co-ordinates multi-agency meetings.
- East & West Locality teams provide care management for adults (non specialist) over 18.
- Hospital Team – Supports individuals in hospital and assists in planning appropriate discharge and provides support post discharge.
- DoLS Team – undertakes best interest assessments and offers advice and guidance regarding Mental Capacity Act and DOLS statutory framework.
- ACT Middlesbrough – Supporting individuals presenting as homeless including Rough Sleepers and those experiencing domestic abuse
- Strategic responsibility - Homelessness and Domestic Abuse

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Head of Prevention, Provider & Support Services

Middlesbrough Independent Living services include a range of services to help people stay at home, safely and independently , for longer.

- **Staying Put Agency** – *Handy Person Services / Disabled facilities Grants / Winter warmth / Hoarding Intervention / Hospital to Home*
- **Connect & Assistive Technology Service** - *24hr monitoring & response service. Telecare provides safety equipment i.e falls detectors*
- **Contact centre** – *24 hour monitoring, and out of hours service for Council*
- **Staying Included** – *befriending services*
- **Rekindle Digital Inclusion project** – *supports people to get online*
- **Independence Hub & Blue Badge** – *demonstration room for equipment, help regarding blue badge*
- **Sensory Loss** – *supports people with hearing loss / sight loss*
- **Community Reablement** – *personalised home based service to assist people to maximise their independence.*
- **Occupational Therapy** – *assessments for equipment & adaptations, support with moving & handling*

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Head of Prevention, Provider & Support Services

- **Community Inclusion Services** – *Specialist service provision offering support to people with Learning Disabilities and also Autism, this includes days services and community outreach.*
- **North Ormesby Resource centre** – *day services support for older persons*
- **Orchard Resource Centre** – *Partnership with Middlesbrough Council and TEWV – days service for individuals with profound learning and physical disabilities.*
- **Levick Court** – *residential & respite Service for 18-65yes with learning disabilities.*
- **Tees Community & Equipment Services** – *equipment loans store to assist people with daily living and promoting independence. Delivered on behalf of all local authorities in Tees and the ICB*
- **Living Life Services** – *free service for people in South Tees, who are struggling with their mental health and emotional well being. It includes recovery college, outreach services and one to one support.*

Head of Specialist and Lifelong Services

- **Older Persons Mental Health team:** Work with people over the age of 65 who have a diagnosis of dementia (under and over 65) and enduring mental illness. Based at and work closely with health colleagues at Woodside resource centre for older persons mental health – CMHT team and Intensive Community Liaison Service
- **Forensics Social care team:** Work with people over 18 years who have a diagnosed learning disability and autism who may have or risk of encountering the criminal justice system. They complete holistic social care assessment and support planning, working closely with external partners - local prison services and probation, TEWV, low/medium secure units and high secure units in/out of area, ICB and NHSE case managers, neighbourhood safety
- **Mental Health team:** Work with adults with affective and psychosis mental ill health and autism, provides a needs-led service for individuals involved in secondary mental health services. This team includes Approved Mental Health Practitioners (AMHP), who carry out statutory responsibilities under the Mental Health Act 1973.
- **Learning Disability team** – works with people 18yrs + with a diagnosis of learning disability and autism. Work alongside Children's Services where the young person has an EHCP in place.

All teams work with young people who are Preparing for Adulthood to ensure a smooth transition from Children's Services

Challenges

- Responding to the CQC inspection and progressing an improvement plan – this has been the subject of people Scrutiny
- Change Programme – overall service improvement including the vision & strategy for ASC, co-production and neighbourhood working.
- Homelessness – managing demand and ensuring access to suitable and appropriate housing
- Working alongside health who have significant savings to be achieved in this forthcoming year and understanding the impact of that on the wider system.

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Public Health South Tees

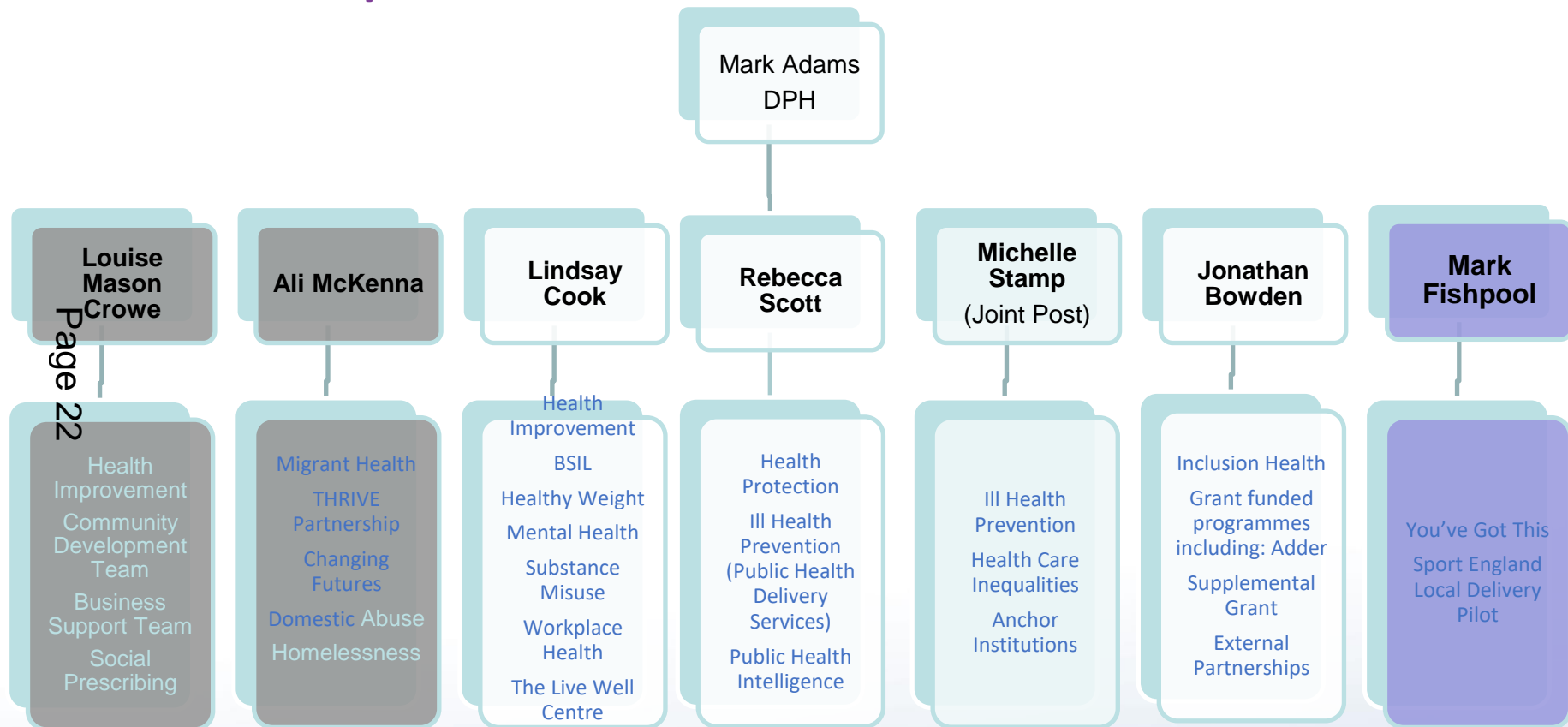
Adult Social Care and Health Scrutiny Panel Tuesday 1st July 2025

Rebecca Scott



Public Health South Tees

Roles and Responsibilities



Challenges

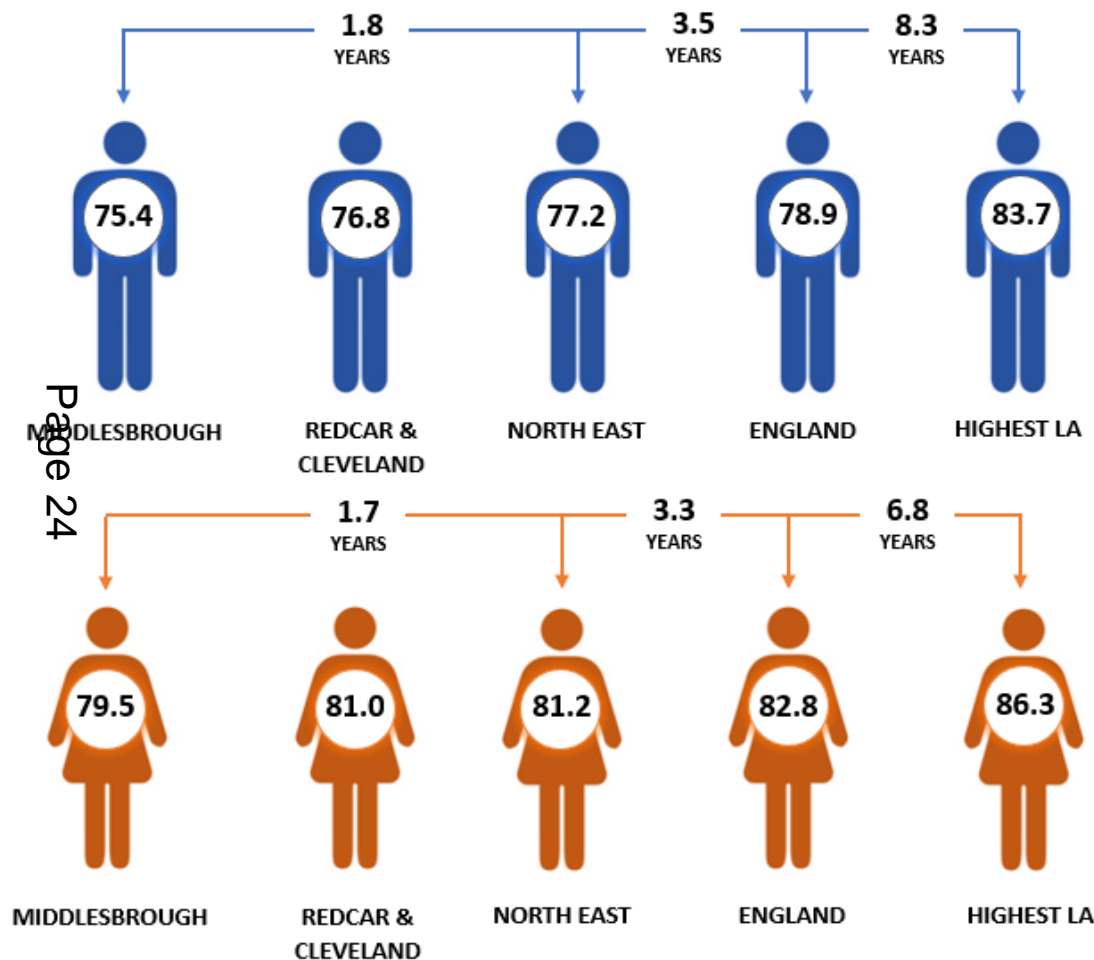
Higher levels of...

- Smoking
- Obesity
- Alcohol consumption and drug misuse
- Poverty
- Suicide
- CVD / Stroke / Diabetes / Cancer / Resp
- Dementia and age related illnesses
- Teenage and unwanted pregnancies
- Communicable diseases including STIs
- Mental ill health
- Complex needs and vulnerabilities

Lower levels of...

- Life expectancy
- Healthy Life expectancy
- Physical activity
- Engagement with screening and immunisations
- Ability to self care
- Housing standards
- Educational attainment & training
- Stigma for health inclusion groups

Life Expectancy at Birth (2020-22)



Gap vs England

Middlesbrough

	Male	
Female		
2010-12 years	2.9 years	2.7 years
2018-20 years	4.0 years	3.3 years
2020-22	3.5 years	3.3 years

Programme Approach

5 Programmes

- Creating environments for healthy food choices and physical activity
- Protecting health
- Preventing ill-health
- Reducing vulnerability at a population level
- Promoting positive mental health and emotional resilience

4 Core Approaches

- Address health inequalities with a determined focus on the best start in life
- Better use of intelligence to inform decision-making
- Building purposeful relationships with key partners
- Improved financial efficiencies

3 Levels of Intervention across the life-course:

- **Civic-level** – healthy public policy
- **Service-level** – evidence-based, effective, efficient and accessible services
- **Community-level** – family of community centred approaches

Priorities

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Protecting Health

Aim Protect the population of South Tees from the spread of communicable disease, prevent and manage outbreaks and protect from environmental hazards

Priorities

- Strengthen the local health protection response across South Tees, by facilitating a multi-agency South Tees Health Protection Assurance Partnership
- Protect local people from environmental hazards and incidents, focusing on the South Tees Clean Air Strategy and the severe weather plan
- Use local intelligence and relationships with key partners to improve the prevention, detection and management of communicable diseases and outbreaks. With a focus on current syphilis and gonorrhoea outbreaks
- Build community resilience and capacity to prevent and manage health protection issues through making every contact count and community champions approach
- Utilise community insights/behavioural science approaches in partnership with primary care, secondary care, SAIS and education, to increase immunisations uptake rates



Healthy Environments

Aim To develop and implement a system led approach to creating places that promote healthy eating and moving more

Priorities

- **Create environments for healthy food:** Supporting the Middlesbrough Food Partnership Gold Award bid; embedding School Food Standards; implementing the Eat Well South Tees and Eat Well Schools Award; delivering HAF and using it as a healthy eating education tool.
- **Creating environments for physical activity:** Working with YGT to embed physical activity into: clinical pathways such as Prepwell, Type 2 Diabetes, tackling chronic pain and Waiting Well; social prescribing; and schools through the Creating Active Schools framework.
- **Embedding system change through development and implementation of the healthy weight declaration:** Working with planning to embed physical activity and health in the planning process; reimagining active open spaces; and building community capacity through an LMS training offer.

Preventing Ill Health

Aim To reduce inequalities in population health through the prevention and early detection of disease and support the people to manage their long term conditions

Priorities

- Lead the development of the South Tees Ill Health Prevention Board
- Develop Anchor Network across South Tees
- Improve co-ordination of local, regional and national primary prevention campaigns and maximise opportunities for preventative programmes across the system
- Increase uptake of screening programmes and recognition of signs and symptoms of ill health to ensure early presentation, diagnosis and timely access to treatment
- Consider inequalities in access, service use, outcomes and experience across all commissioned and in house service provision.
- Support South Tees Hospital Trust to implement an approach to tackling health inequalities in secondary care
- Further develop the Health on the High Street offer, improving the accessibility of health services

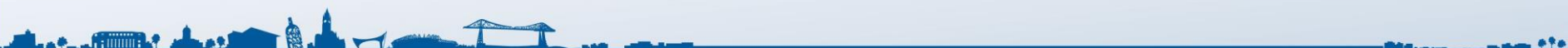


Reducing vulnerabilities at a population level

Aim To develop a person-centred approach across the full local Vulnerabilities system. Leading a co-ordinated and collaborative approach with key partners is the only way to achieve consistent, high quality delivery and remove duplication.

Priorities

- Developing a cross-programme partnership approach that addresses vulnerability in its broadest sense, making best use of both public health and the wider system resources to support the needs of the whole person;
- Further developing collaborative working to strengthen the interface between organisations ensuring that operationally people experience seamless systems and services, and ensure sustainability;
- Testing out more commissioning approaches, including inter-organisational/joint, to deliver better, people-centred services;
- Applying a lived experience model to support people with sustainable, positive behaviour change;
- Investing in more prevention programmes at individual, community and place level;
- Maximising system-wide leadership to create the conditions for change, communicating the vision throughout their individual organisations and our collective agendas



Promoting Positive Health and Emotional Resilience

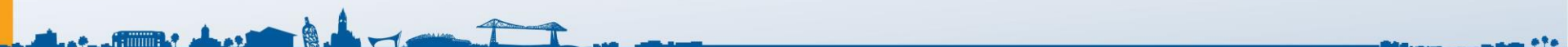
Aim To work with key partners to ensure the population of South Tees are supported to be more resilient to achieve positive mental health and good emotional wellbeing.

Priorities

- Take a whole system approach to mental health and wellbeing that recognises the breadth of organisations supporting mental health and acknowledges and addresses the wider determinants of mental health, including poverty.
- To undertake review and maintain development of HeadStart Resilience Programme to ensure needs of pupils, schools and families are met.
- Maintain a Wellbeing Network across South Tees to connect wellbeing across communities and promote the use of the whole system approach.
- Strengthen protective factors for mental health – for example by supporting programmes that support wellbeing, social connections and asset-based community development
- Monitor commissioned programmes/services that address immediate needs for low level mental health support and mental health literacy e.g. bereavement support, training hub.
- Contribute to the reduction of local suicides and support the development and key areas of action in the Tees Suicide Prevention Strategic Plan
- Continue to develop Dementia Friendly Communities across South Tees

Programme Achievements

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Health Protection

Health protection includes a wide range of activities designed to safeguard people and populations from environmental, biological and chemical threats to health.

Local authorities are crucial in health protection, with a key responsibility for preventing and controlling infectious diseases, such as through outbreak investigations and ensuring the public's health is safeguarded during emergencies. The Council manage environmental health, ensuring food safety, air and water quality, and housing standards, while Public Health are responsible for promoting disease prevention programs and also reducing transmission of communicable disease.

The Health Protection Programme has had several key achievements:

Governance

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The establishment of a multiagency South Tees Health Protection Assurance Partnership with local, regional and national bodies represented, the partnership has an annual workplan and produced an annual health protection assurance report to the Health and Wellbeing Board

The development of the **South Tees Health Protection Assurance Reports 22/23 and 23/24** with 24/25 currently in development

Environmental

- Sign off of the **clean air strategy**
- Developed the severe weather plan for South Tees this replaced the cold weather plan and health plan and includes storms in line with the new plan for England
- Adoption of the regional approach to allergies and working with local businesses to support the implementation

Health Protection (2)

Communicable Disease

- Supporting the coordination and management of several local outbreaks include Hep A in schools, Measles and Syphilis and Gonorrhoea (these are led by UK Health Security Agency – UKHSA);
- **Successful management of the Measles Outbreak in March 24.** The outbreak primarily affected unvaccinated individuals, with a significant impact in the Romanian community across two wards. A major challenge in the response was addressing the high level of vaccine hesitancy within these communities. The lessons learn from the outbreak report highlighted the excellent community-based approach led by Public Health South Tees particularly for promoting vaccination uptake through engagement and culturally sensitive communications. A key strength of this approach was the direct engagement with community groups, the development of materials including videos in the preferred languages of the target populations, and the integration of behavioural insights into the work. PHST provided a co-ordinated response to the Middlesbrough which included letters to all parents via education, organised school MMR catch up clinics, shared info with community, trusted voices videos in English and Romanian, briefings, Romanian orientation day and church visit, drop-in MMR clinic North Ormesby Market.

Due to the syphilis outbreak in Tees a local led to the development of a **local syphilis action plan** with support from UKHSA. The plan focused on improving screening uptake, promotion, treatment and partner notification. This approach has not seen 100% of attendees at the sexual health service being offered a syphilis test, outreach to vulnerable community groups and a new implementation of a system for partner notification.

- The development and implementation of a South Tees Outbreak Management Plan and Middlesbrough Council Infection Control Policy
- Outreach offer for sexual health has been implemented with a focus on key vulnerable groups including substance misuse, homelessness and sex workers
- Substance misuse services testing for syphilis and HIV which is not the norm across the region
- **Full service review on the Tees Sexual Health Service has resulted in a new service model which will commence on the 1st August 2025 with a new provider, a focus of the service model is improving access to sexual health services in community settings.**

Health Protection (3)

Immunisations

- **Conducted behavioural Insights work to increase uptake of all childhood vaccinations using health inequalities funding. '5 steps to protection' was launched and piloted with 2 GP practices, the registry office, children's A&E, leisure centres and family hubs.** 'It's not too late' was targeted at a nursery and school admissions. The resources were well received, had a positive impact and are currently being rolled out across South Tees and there has been regional interest in adopting this resource.
- **Led Behavioural Insights work to increase uptake of all adolescent vaccines working in partnership with the School Aged Immunisation Service,** the pilot improved consent rates from an average of 50% to 75%, this approach will now be rolled out across educational settings
- Led the regional adolescent education vaccine video project, the video should be available soon and will be rolled out across the region
- Establishment of the Tees Valley Local Immunisation Steering Group
- Improved data sharing between LA admissions team and Child Health Information Service which support the identification of young people who have not been immunised to support targeted work

Screening

- Behavioural insights work for cervical screening uptake has resulted in a refresh of GP practice communications (letter/text/contact of none attendees) and a refresh of promotion materials which will soon be available across South Tees aimed to promote screening uptake
- Commissioned a pilot to implement the resources and communications to evaluate the approach which is also showing promising signs

Healthy Environments

- **Worked with Planning and Transport Planning to embed consideration of the impact on health and health inequalities in all policies and decision making.** In addition to a stand-alone Health and Wellbeing Policy Health Impact Assessments are embedded in Planning and Transport policies
- Developed the **Health Start** model (a pilot for prevention of ill health in schools). Pilot with four Middlesbrough schools will start in May 2025
- **Healthy Weight Declaration adopted February 2024** and action plan, overseen by the Healthy Weight Alliance
- Middlesbrough Food Partnership - **Sustainable Food Places Gold Award** achieved October 2024
- The **Holiday Activities and Food (HAF) Programme** supports more than 50 providers in Middlesbrough to ensure provision close to where children live and has met ALL objectives in 24/25:

- Increased number of eligible children and young people accessing HAF.
- Implemented mandatory Physical Activity Training for all HAF providers, which has improved the physical activity offer in our programmes.
- 100% compliance of school standard meals in all HAF settings.

Embedding **Breastfeeding Borough to support the Best Start in Life:**

- The Health Visiting Service (commissioned by Public Health) achieved **Gold Baby Friendly Initiative Re-accreditation** in August 2024.
- **Tongue Tie Clinic:** January – September 2024 (awaiting updated figures) – 216 babies seen, 146 divisions performed keeping waiting lists down to 2 weeks. Supporting women to breastfeed for longer.
- Maternity Support Workers at STNHS continue to provide breastfeeding support in antenatal education and postnatal feeding support. This work is supporting to increase the breastfeeding initiation figures.
- **South Tees breastfeeding campaign to normalise breastfeeding** – recruited 12 breastfeeding Mums from across South Tees (6 in Middlesbrough) through the “Mamazing Competition” to star in the upcoming campaign. Filming, photography has taken place in March, with the campaign due to go live in April 2025. The campaign will be featured on buses, bus stops, digital billboards, radio campaign, social media, printed materials.
- Year 4 funding for the Family Hubs Transformational Programme agreed which will deliver the infant feeding workstream.

Healthy Environments (2)

Working with schools to achieve a whole school approach to embedding school food standards and increasing and embedding physical activity opportunities:

- **Auto-enrolment of Free School meals** pilot initiative delivered – 546 pupils entitled to free school meals, which equates to £765K in Pupil Premium funding for schools. This is a saving of £218,400 to families each year. Increasing the number of children eligible to access the HAF programme. Pilot has resulted in Executive approval to proceed with auto-enrolment of free school meals on a longer-term basis in Middlesbrough.
- **Eatwell Schools Award** – working with the Council's catering service to implement school food standards in the kitchens. New menus rolled out in September 2024 and January 2025. Training has taken place with school cooks and assistant cooks to increase their knowledge and understanding of school food standards, allergens and catering for cultural, religious, dietary needs. Working closely with Macmillan Academy and Archibold Academy on the Eatwell Award and supporting the Academies strategic plans for health. Engagement has taken place with schools via Head Teacher meetings with a small number of schools progressing through the Award criteria. Continuing to engage with catering providers to support the schools to proceed with the award.
Breakfast clubs through the government pilot being delivered in Pennyman Primary, St Bernadette's Catholic Primary School
- The **YGT** Deepening proposal has been agreed by the board of Sport England
- Successfully implemented disability and mental health strand of the **MUST** service in 21 care homes across South Tees, resulting in 100% increase in care homes completing nutritional screening and 152% increase in screening accuracy.

III Health Prevention

- **III Health Prevention Board** established across NHS, Public Health and Social Care
- Completed **Health Equity Audit across Stop Smoking Services** (community, acute, maternity, mental health, pharmacy) to ensure equality of access. Smoking is the biggest driver of health inequalities
- The Stop Smoking Service continues to develop and achieve targets beyond expectations. Increased access points from 1 site to 22 sites, introduced a specialist offer for health inclusion groups, first in the North East to establish Varenicline clinics and leading on the regional PGD to make this available in pharmacies, established a paediatric and A&E pathway with STHFT
- Improved uptake of screening programmes focusing on inequalities: 6 month pilot across several GP practices across South Tees to increase uptake of cervical screening in women that have not responded to previous screening invites
- Sourced funding from the Northern Gas Alliance to develop the **COPD fuel poverty project** across GP practices and secondary care, assessed over 700 patients to date
- Developed **new model for NHS health checks** across South Tees, introducing community outreach offer to target inequalities, including screening via substance misuse services
- Successful bid to NHSE re **CVD prevention** to implement community blood pressure monitoring in Middlesbrough, targeting inequalities and ethnic minority groups
- Addressing healthcare inequalities in patient access experience and outcomes - using health inequality data to shape and design delivery of care, explore greater understanding of patient profiles across specialities analysing data to see who is not accessing services and why and improve pathways and services to increase equity of access for all groups, including work across:
 - **Reducing DNAs in selected Outpatient Clinics in Paediatrics and Maternity** pilot saw a significant reduction in non-attendance from patients from the most deprived wards - in Maternity the non-attendance rate went from 15.2% to 3.7%; Paediatrics' saw similar gains (from 14.7% to 2.6%). The main barriers to attending appointments was lack of understanding of what appointment was for, childcare and unsuitable times.
 - **Paediatric Smoking Cessation Pilot** – recognises the gap in support for patients under 18 and the parents of children presenting with respiratory or acute medical illness. From January 2025 specialist stop smoking advisors Stop Smoking South Tees have been on site five days a week to provide interventions and advice.
 - **Improving Paediatric Pathways** by understanding reasons for child not brought and making improvements. 150 families from IMD 1 were contacted to understand reasons for missed appointments to understand how improvements in healthcare access and experience required.

Reducing Vulnerability

Award-Winning Substance Misuse Services:

- MBC “Team of the Year” for our substance use and specialist stop smoking services jointly delivering the lung health support;
- Jade Cook, our substance use service nurse who won the national Bronze Medal for PH Nurse of Year from the British Journal of Nursing for her work in the out of hours clinic for sex workers affected by substance use.
- Positive CQC assessment of the Recovery Solutions service, rated good across the board and outstanding in caring.
- All eight mainstream secondary schools and all alternative education provisions in Middlesbrough have had naloxone training and are engaged with the service which is an important step in proactively supporting student safety.

Accommodation-based Substance Misuse Services:

- Developed a South Tees accommodation model – primary rehabilitation at Royce House in Brotton and secondary rehabilitation at Eastbourne Road in Middlesbrough plus expansion of the Oxford House peer support model
- 8 x people in the expanded Residential Rehab at Eastbourne Road and an increasing number of people on the pathway to enter in the near future;
- Cllr Furness visited the facility last week with a community safety colleague - they were both very impressed and supportive of the positive impact this is having;

Regional Reducing Gambling Harms programme:

- Having developed excellent Making Every Contact Count (MECC) e-learning and gambling information resources, we are holding a regional MECC Gambling Harms Launch Event in May. The event will promote the programme and the MECC collaboration and deliver train the trainer sessions.

Drug Driving Pilot:

- This is the first of its kind in the country and is supported by the Dept. for Transport, who funded us to work with the provider to develop the course materials. We aim to help change legislation so that low-level drug driving offences can be treated in the same way as low-level drink driving and speeding offences with the offer of a prevention and early intervention-based training course;
- We have presence and process in Teesside Magistrates Court now, plus we have revisited the Probation pathway. This has resulted in a recent upturn in referrals/course numbers;

Promoting Positive Mental Health

Refresh Tees Suicide Prevention Strategy following release of new National Strategy

Tees Suicide Prevention Strategy 2024 -2029. Following the national strategy framework, local real time surveillance data and stakeholder discussions/ events a Tees Strategic Plan has been developed which sets out our key areas for action and how we aim to achieve our vision of reducing rates of suicide.

Review the South Tees Wellbeing Network (STWBN) and deliver on areas for growth

A personalised wellbeing network was developed and launched for people who work or volunteer in South Tees to support others health and wellbeing and has developed from strength to strength. The network approaches a thousand members and represents over 450 organisations from all sectors.

Secure delivery of the HeadStart Service from August 2025 onwards

Funding has been secured to mainstream this service within public health which has an important role to support schools and communities across South Tees to build resilience and achieve good emotional health for children and young people.

Introduce Dementia Friendly Care Home Self-Assessment Tool across all South Tees Care Homes

Dementia Friendly Care Homes - 11 Care Homes have made a commitment to the Dementia Friendly Care Home Guide and accreditation and completion of the Self-Assessment Tool which aims to improve the care home offer and to support CQC inspections and regulations.



Wider Public Health Service

- Completion of the Mission-led Health and Wellbeing Strategy and underpinning Joint Strategic Needs Assessment and development of the Mission-led Governance Model
 - PH led the Poverty Sprint across the Council and with partners - a different approach to building our understanding of a complex set of issues and associated action plan.
 - DPH Annual Report collating the learning from the YGT programme to support transformation programmes and the development of the governance model for the HWB Strategy
- Thrive at Five due to start in Middlesbrough, bringing in additional £4M investment and expertise across South Tees to reduce the numbers of children starting school not “ready for school”.

Performance

- Public Health South Tees have a Performance Framework with 157 metrics over the 5 programmes
- 80 programme strategy milestones
- Individual Programme Governance
- Quartey reporting into DMT and the ST Governance board



Questions?

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MIDDLESBROUGH COUNCIL
ADULT SOCIAL CARE AND HEALTH SCRUTINY PANEL

1 July 2025

**PROPOSED MEETING SCHEDULE –
2025/2026 MUNICIPAL YEAR**

PURPOSE OF THE REPORT

To agree the proposed schedule of meeting dates for the Adult Social Care and Health Scrutiny Panel for the 2025/2026 Municipal Year, as follows:

Date	Time	Venue
1 July 2025	4.30pm	Mandela Room, Town Hall
22 July 2025	4.30pm	Mandela Room, Town Hall
9 September 2025	4.30pm	Mandela Room, Town Hall
21 October 2025	4.30pm	Mandela Room, Town Hall
2 December 2025	4.30pm	Mandela Room, Town Hall
13 January 2026	4.30pm	Mandela Room, Town Hall
24 February 2026	4.30pm	Mandela Room, Town Hall
7 April 2026	4.30pm	Mandela Room, Town Hall
May 2026 – TBC South Tees NHS and TEWV Quality Account	TBC	Mandela Room, Town Hall

COUNCILLOR JOHN KABUYE
CHAIR OF THE ADULT SOCIAL CARE AND HEALTH SCRUTINY PANEL

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