

**Live Well South Tees Health and Wellbeing Board  
Report to South Tees Health Scrutiny Joint Committee**

<b>To:</b>	South Tees Health Scrutiny Joint Committee	<b>Date:</b>	March 2024
<b>From:</b>	Live Well South Tees Board		
<b>Purpose of the Item</b>	To provide the South Tees Health Scrutiny Joint Committee with an update on the Board’s work programme, performance framework and priority indicators		
<b>Summary of Recommendations</b>	<p>That South Tees Health Scrutiny Joint Committee:</p> <ul style="list-style-type: none"> <li>• Are assured that the Live Well South Tees Board is fulfilling its statutory obligations</li> <li>• Note the progress made in implementing the Board’s Vision and Priorities</li> </ul>		

**1. Purpose and Statutory Functions of Health and Wellbeing Boards:**

Health and Wellbeing Boards are a formal statutory committee of the local authority and provide a forum where political, clinical, professional and community leaders from across the health and care system come together to improve the health and wellbeing of their local population and reduce health inequalities. HWBs:

- provide a strong focus on establishing a sense of place
- instil a mechanism for joint working and improving the wellbeing of their local population
- set strategic direction to improve health and wellbeing

**Statutory functions include:**

- Assessing the health and wellbeing needs of their population and publishing a joint strategic needs assessment (JSNA)
- Publishing a joint local health and wellbeing strategy (JLHWS), which sets out the priorities for improving the health and wellbeing of its local population and how the identified needs will be addressed, including addressing health inequalities, and which reflects the evidence of the JSNA
- Oversight of Pharmaceutical Needs Assessments
- Sign off of Better Care Funds

Source: <https://www.gov.uk/government/publications/health-and-wellbeing-boards-guidance/health-and-wellbeing-boards-guidance#role-and-purpose-of-health-and-wellbeing-boards>

## 2. Live Well South Tees Board Strategy / Missions

The Live Well South Tees Board has agreed the vision and aims summarised in the table below:

Vision	<b>Empower the citizens of South Tees to live longer and healthier lives</b>		
Aims	<b>Start Well</b>	<b>Live Well</b>	<b>Age Well</b>
Aspiration	<p><b>Children and Young People have the Best Start in Life</b></p> <p>We want children and young people to grow up in a community that promotes safety, aspiration, resilience and healthy lifestyles</p>	<p><b>People live healthier and longer lives</b></p> <p>We want to improve the quality of life by providing opportunities and support so more people can choose and sustain a healthier lifestyle.</p>	<p><b>More people lead safe, independent lives</b></p> <p>We want more people leading independent lives through integrated and sustainable support.</p>

Further details of the goals and links to the JSNA are shown in Appendix 1.

## 3. Work Programme

The South Tees Health and Wellbeing Executive was formed to oversee the work programme for the Live Well South Tees Board, promoting joint working and ensuring statutory functions are met. The Board receives an Executive Assurance Report each meeting.

- 3.1 At the Live Well South Tees Board Meeting in January, members received updates and discussed:
- a) The Joint Strategic Needs Assessment (JSNA)
  - b) South Tees Safeguarding Children Partnership Annual Report
  - c) Oral Health Needs Assessment Summary and Water Fluoridation Consultation
  - d) The Health and Wellbeing Executive Assurance Report which included updates on:
    - Better Care Fund Quarterly Returns and current performance against metrics
    - Government Consultation for Creating a SmokeFree Generation and Tackling Youth Vaping
    - South Tees Carers Strategy
    - Healthwatch South Tees activity
- 3.2 The provisional **Forward Work Programme** for the remainder of 2023-24 is outlined below. An updated FWP for 2024/25 will be developed when the Health and Wellbeing Strategy is discussed and agreed at the June meeting of the Live Well South Tees Board.

Area of Focus	Lead Organisation/ System Group	Agenda Item Live Well South Tees Board	HWB Executive Assurance Report
<b>Start Well</b>			
Best Start in Life / Thrive at Five	Best Start in Life Programme Board	March 2024	
<b>Live Well</b>			
Prevention Board Update	Prevention Board	March 2024	
<b>Statutory Functions</b>			
BCF Plans and Additional Discharge Funding Quarterly and End of Year Returns	BCF Implementation and Monitoring Group  South Tees Executive Governance Board	As required by national timelines	BCF Quarterly updates
Healthwatch Update and Annual Reports	Healthwatch	June 2024	Quarterly updates
HWB Vision and Priorities and Forward Work Programme	HWB Executive	June 2024	
Joint Strategic Needs Assessment Updates	JSNA Project Board	As required	
Pharmaceutical Needs Assessment – Endorsement and Noting of Any Issues	PNA Steering Group		As required
Teeswide Safeguarding Adults Board (TSAB) Annual Report	TSAB	March 2024	

#### 4. Performance Framework and Priority Indicators

##### Start Well: Children and Young People have the Best Start in Life

Mission	Goals	JSNA Areas of Exploration
<b>We will narrow the outcome gap between children growing up in disadvantage and the national average by 2030</b>	1. We want to eliminate the school readiness gap between those born into deprivation and their peers.	<ul style="list-style-type: none"> <li>▪ Distribution of free school meals uptake</li> <li>▪ Distribution of free nursery places uptake</li> <li>▪ Parental and Perinatal mental health and wellbeing</li> <li>▪ Children in absolute low income families</li> <li>▪ Teenage parents</li> <li>▪ Distribution of attainment levels</li> <li>▪ Distribution of vaccs &amp; imms uptake</li> </ul>
	2. We want to eliminate the attainment gap at 16 among students receiving free school meals	
<b>We want to improve education, training and work prospects for young people</b>	3. Extend offers of apprenticeships, training and work placements for young people to make the most of current and future local opportunities	<ul style="list-style-type: none"> <li>▪ Anchor Institutions within LiveWell Partnership (targeted recruitment, apprenticeships, training, volunteering and placement opportunities);</li> <li>▪ Social value &amp; community wealth building (employers);</li> <li>▪ Persistent absentees &amp; school exclusions</li> <li>▪ Pupils with social, emotional and mental health needs</li> <li>▪ Pupils with SEND needs</li> <li>▪ Young people providing unpaid care</li> <li>▪ Children entering the youth justice system</li> <li>▪ Teenage conception rate</li> </ul>
	4. We will have no NEETs in South Tees through extended employment, apprenticeship or training offers for 18–25 year olds.	
<b>We will prioritise and improve mental health and outcomes for young people</b>	5. Scale up school based mental health support and support education partners in the establishment of whole school based programmes	<ul style="list-style-type: none"> <li>▪ Pupils with social, emotional and mental health needs</li> <li>▪ Hospital admissions as a result of self-harm (10-24)</li> <li>▪ New referrals to secondary mental health services (&lt;18 yrs)</li> <li>▪ Parental and Perinatal mental health and wellbeing</li> <li>▪ Children in absolute low income families</li> <li>▪ Children entering the youth justice system</li> </ul>
	6. Improve access to mental health care and support for children and young people rapidly at place, led by needs.	

**Live Well: People live healthier and longer lives**

Mission	Goals	JSNA Areas of Exploration
<p><b>We will reduce the proportion of our families who are living in poverty</b></p>	<p>1. We want to reduce levels of harmful debt in our communities</p>	<ul style="list-style-type: none"> <li>▪ Level of debt and impact on communities</li> <li>▪ Impact of programmes to maximize incomes</li> <li>▪ Local authority, social housing and PSL rent arrears</li> <li>▪ Foodbank usage</li> </ul>
	<p>2. We want to improve the levels of high quality employment and increase skills in the employed population.</p>	<ul style="list-style-type: none"> <li>▪ People engaged in poor quality work – particularly precarious and insecure work</li> <li>▪ Job density</li> <li>▪ Average weekly earnings</li> <li>▪ Gap in employment rate between for those with LTC</li> <li>▪ Economic inactivity rate</li> <li>▪ Workless households</li> <li>▪ Adult education availability and access and connection to job market demands</li> <li>▪ Gender pay gap (by workplace location)</li> <li>▪ Scope and impact of Individual Placement and Support (IPS) schemes</li> </ul>
<p><b>We will create places and systems that promote wellbeing</b></p>	<p>3. We want to create a housing stock that is of high quality, reflects the needs of the life course and is affordable to buy, rent and run.</p>	<ul style="list-style-type: none"> <li>▪ Affordable housing supply</li> <li>▪ Homelessness - households owed a duty &amp; on waiting lists</li> <li>▪ Over-crowded households</li> <li>▪ Fuel poverty &amp; excess winter deaths</li> <li>▪ Conditions of dwelling stock</li> </ul>
	<p>4. We want to create places with high quality green spaces that reflect community needs, provide space for nature and are well connected.</p>	<ul style="list-style-type: none"> <li>▪ Utilisation of outdoor space for exercise/health reasons</li> <li>▪ Access to woodlands</li> <li>▪ Number of premises licensed to sell alcohol/sqkm</li> <li>▪ Density of fast food outlets</li> <li>▪ Air pollution - fine particulate matter</li> <li>▪ Mortality attributed to air pollution</li> <li>▪ Access to health assets and hazards index</li> </ul>

Mission	Goals	JSNA Areas of Exploration
	5. We want to create a transport system that promotes active and sustainable transport and has minimal impact on air quality.	<ul style="list-style-type: none"> <li>▪ Adults walking for travel at least 3 days per week</li> <li>▪ Adults cycling for travel at least 3 days per week</li> <li>▪ Public transport utilisation</li> <li>▪ Killed and seriously injured (KSI) on roads</li> <li>▪ The rate of complaints about noise</li> <li>▪ Air pollution - fine particulate matter</li> </ul>
	6. We will support the development of social capital to increase community cohesion, resilience and engagement	<ul style="list-style-type: none"> <li>▪ Teesside University community consultations on Covid Recovery</li> <li>▪ Strong and weak ties and development of social capital evidence base</li> <li>▪ Art &amp; health evidence base</li> <li>▪ YGT evidence base (participation)</li> <li>▪ Level of community participation in the development of [Partner] plans and initiatives</li> </ul>
<b>We will support people and communities to build better health</b> (aka Prevention!)	7. We want to reduce the prevalence of the leading risk factors for ill health and premature mortality	<ul style="list-style-type: none"> <li>▪ Density of fast food outlets</li> <li>▪ Utilisation of outdoor space for exercise/health reasons</li> <li>▪ Adults cycling or walking for travel at least 3 days per week</li> <li>▪ Smoking in pregnancy</li> <li>▪ Smoking prevalence in adults</li> <li>▪ Percentage of adults classified as overweight or obese</li> <li>▪ Obesity: QOF prevalence (18+)</li> <li>▪ Admissions where obesity was a factor</li> <li>▪ Alcohol related hospital admissions rate</li> <li>▪ Adult physical activity levels</li> <li>▪ Percentage reporting a long-term Musculoskeletal (MSK) problem</li> <li>▪ Admissions for COPD</li> </ul>
	8. We want to find more diseases and ill health earlier and promote clinical prevention interventions and pathways across the system	Distribution, prevalence and social gradient of: <ul style="list-style-type: none"> <li>▪ Cancer (&amp; by site)</li> <li>▪ Hypertension</li> <li>▪ Diabetes</li> <li>▪ CHD</li> <li>▪ COPD</li> <li>▪ Primary care QOF registers</li> </ul>

Mission	Goals	JSNA Areas of Exploration
		<ul style="list-style-type: none"> <li>Screening programmes, including healthy heart checks</li> </ul>
<b>We will build an inclusive model of care for people suffering from multiple disadvantage across all partners</b>	9. We want to reduce the prevalence and impact of violence in South Tees	<ul style="list-style-type: none"> <li>Connection to CURV needs assessment</li> </ul>
	10. We want to improve outcomes for inclusion health groups	<ul style="list-style-type: none"> <li>Healthy life expectancy &amp; life expectancy for inclusion health groups</li> <li>SMR for inclusion health groups</li> <li>Risk factors – poverty, insecure housing, violence</li> <li>Understand barriers to access</li> <li>Understand the impact of frailty in this group</li> <li>Deaths from drug misuse</li> <li>Suicide rate</li> </ul>
	11. We want to understand and reduce the impact of parental substance misuse and trauma on children	

### Age Well: More people lead safe, independent lives

Mission	Goals	JSNA Areas of Exploration
<b>We will promote independence for older people</b>	1. We want to understand and reduce the levels of loneliness and isolation in our communities	<ul style="list-style-type: none"> <li>Older people living alone</li> <li>Anti-depressant prescribing</li> <li>Health related quality of life for people with 3 or more LTCs</li> <li>Emergency admissions for acute conditions that should not usually require admission</li> <li>Emergency readmissions within 30 days discharge from hospital</li> <li>Crime against older people</li> </ul>
	2. We want to ensure our places promote healthy ageing	
<b>We will narrow the gap in Healthy Life Expectancy</b>  Draft ICB Strategy:	3. We want to reduce the rate of under 75 premature mortality	<ul style="list-style-type: none"> <li>Under 75 mortality rate from causes considered preventable</li> <li>Physically active adults</li> <li>Adults classified as overweight or obese</li> <li>Prevalence of various conditions</li> <li>Admission rates for various conditions</li> </ul>

Mission	Goals	JSNA Areas of Exploration
<p><i>“We will reduce the gap in healthy life expectancy between our ICP and the England average by 25% by 2030, and aim to raise the average healthy life expectancy to a minimum of 60 years in every Local Authority by 2030”</i></p>		<ul style="list-style-type: none"> <li>▪ Screening coverage</li> <li>▪ Fuel poverty</li> <li>▪ Index of multiple deprivation score (IMD)</li> <li>▪ Older people in poverty</li> <li>▪ Inequality in life expectancy at 65</li> </ul>
	<p>4. We want to reduce the level of frailty to improve healthy ageing</p>	<ul style="list-style-type: none"> <li>▪ Estimated prevalence of hearing loss</li> <li>▪ Preventable sight loss - age related macular degeneration (AMD)</li> <li>▪ % reporting a long-term Musculoskeletal (MSK) problem</li> <li>▪ % reporting at least two long-term conditions, at least one of which is MSK related</li> <li>▪ Prevalence of knee &amp; hip osteoarthritis in people aged 45 and over</li> <li>▪ Rheumatoid Arthritis: QOF prevalence</li> <li>▪ Prevalence of common mental disorders: aged 65 &amp; over</li> <li>▪ Hip fractures in people aged 65 and over &amp; % recovering</li> <li>▪ Dementia recorded prevalence (aged 65+)</li> <li>▪ Admissions for Dementia</li> <li>▪ Permanent admissions to residential and nursing care aged 65+</li> </ul>

**BCF Performance Metrics:**

Metric	Indicator
Avoidable Admissions	Standardised rate of admissions per 100,000 population
Falls	Emergency hospital admissions due to falls in people aged 65 and over directly age standardised rate per 100,000.
Discharge to Usual Place of Residence	Percentage of people, resident in the HWB, who are discharged from acute hospital to their normal place of residence
Residential Admissions	Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population
Reablement	Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital into reablement / rehabilitation services